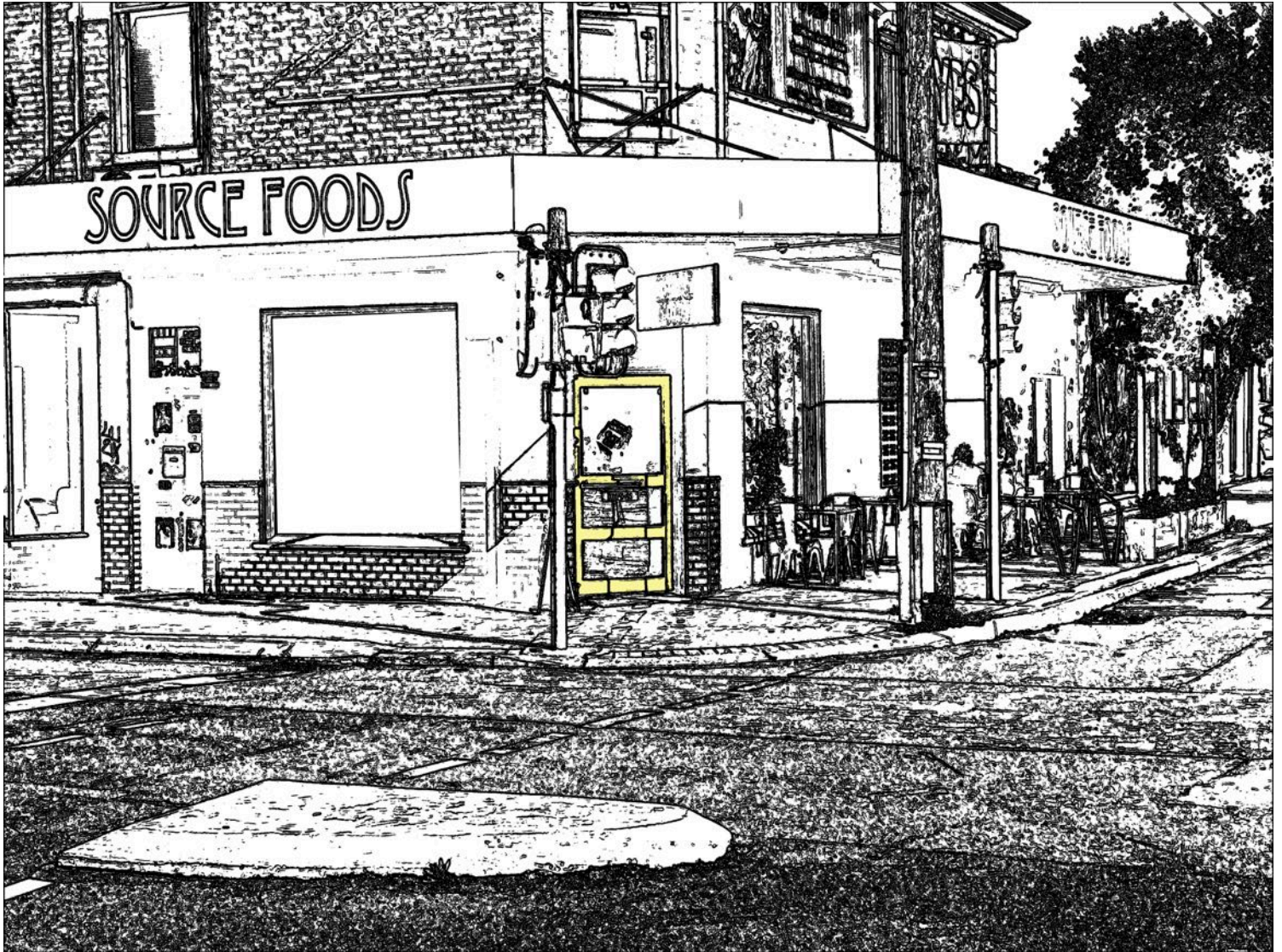


SOURCE FOODS

4/289 BEAUFORT STREET PERTH



2020 Catering Menu

Cold Selection

Individual Granola Cups with Natural Yogurt, Berries, Passion fruit & Milk. \$8.50ea
(V/VGNO & GFO)

Chia Puddings with Coconut Milk, Maple Syrup, Fruit & GF Granola \$5.50ea (VGN/GF)

- Matcha Green Tea & Blueberry
- Mork Chocolate & Raspberry
- Passion fruit, Mango & Coconut

Seasonal Fresh Fruit Box (VGN/GF)

- Medium \$50.00ea
- Small \$30.00ea
- Individual Cups \$5.00ea

Egg Frittata - Mixed Grilled Vegetables, Feta & Onion Jam with Pesto \$3.85ea (V)

Grilled Tempeh - with Pesto, Vegan Feta, Baby Tomato & Truffle Oil \$3.85ea (VGN/GF)

Fritters \$3.85ea

- Spiced Zucchini, Lupin & Chia W Beetroot Hummus (VGN/GF)
- Sweetcorn & Herb with Avocado Whip (V/GF)

Grazing Box \$55.00ea

Selection of Cheeses, Cold Meats, Dips, Fruit, Nuts & Bread/Crackers (GFO/ VO)

Savory Mini Tarts

Smoked Salmon, Beetroot Hummus & Maple Cashews \$3.30ea

Herb Pesto, Feta & Tomato Salad \$2.75ea (V)

Mini Bruschetta (GFO)

- Herb Pesto, Sautéed Mushrooms, Vegan Feta & Truffle Oil \$3.00ea (VGN)
- Hot Smoked Salmon, Avocado Whip & Dukkah \$3.95ea
- Pulled Pork, Roasted Beetroot Hummus & Toasted Almonds \$3.95ea

Sushi Platters

Served with Mini Soy Sauce / Wasabi & Pickled Ginger

Large 60pcs Platter \$75ea

Medium 48pc Platter \$65ea

Small Cocktail 60pc Platter \$62ea

Lunch Box

Chefs Selections of Sandwiches / Wraps

Meat / Vegetarian or / Vegan

Small \$50.00

Large \$110.00

X Large \$140.00

Gourmet Individual Salad Boxes

26oz Noodle Box Served with Bamboo Chopsticks or Compostable Cutlery.

Meat Boxes \$11.50ea

- Free Range Smoked Chicken, Kale Slaw, Glass Noodles, Rocket, Spices Seeds, Cashews & Siracha Mayonnaise (GF)
- Char Sui Pulled Pork, Kale Slaw, Bean Shoots, Coriander, Jalapeno Mayonnaise & Lime Wakame Peanuts (GF)
- Pulled Salted Beef, Herb Roasted Sweet Potato, Rocket, Cherry Tomato, Feta, Almonds with Lemon Mustard Dressing (GF)

Vegetarian / Vegan Boxes \$9.50ea

- Ancient Grains, Mixed Herbs, Spring Onion, Rocket, Chilli, Cucumber, Cherry Tomato, Feta, Lemon & Sesame (V/GF/VGNO)
- Basil & Rocket Pesto Pasta Salad W Toasted Cashews, Semi Sundried Tomato, Parmesan & Baby Spinach (V/GF)
- Grilled Vegetable, Chickpea, Feta, Roasted Garlic & Peppers, Rocket, Cherry Tomato, Lemon & Balsamic
- Roasted Sweet Potato, Baby Spinach, Cherry Tomato, Zucchini Noodles, Bean Shoots, Passion fruit Vinaigrette

All Salads can be made in Bulk

Veg	Meat
Small \$45.00	\$50.00
Large \$85.00	\$90.00

Hot Selection

Petite Quiches \$3.85ea (GFO \$4.50ea)

Puff Pastry cases filled with Free Range Eggs

- Feta & Sundried Tomato (V)
- Roasted Red Pepper & Parmesan (V)
- Leek & Mushroom (V)
- Free Range Bacon, Cheddar & Chive
- Smoked Salmon, Cream Cheese & Dill

Petite Pies \$4.50 ea (GFO \$5.00ea)

- Classic Beef & Cheese
- Pulled Pork, Mushroom & Rosemary
- Creamy Mushroom (V)

Filo Pastry Baskets filled with Free Range Egg \$4.95ea

- Spinach, Cheddar, Free Range Bacon, & Herbs
- Pesto, Zucchini, Feta, Pea & Cumin

Free Range Spiced Meatballs W Jalapeno Mayonnaise
\$3.50ea

Arancini Balls W Spiced Tomato Kasundi \$3.30ea
(GF/V/VGNO)

Breakfast Wraps \$12.50ea

Flour Tortillas Hand Rolled and Lightly Toasted

- Free Range Bacon, Cheddar, Spinach & BBQ Sauce
- Herbed Mushroom, Spinach, Spiced Onion Jam, Beetroot Hummus & Parmesan (V/VGNO)

Can be cut into 2 pcs or Wrapped Whole

Breakfast Burger \$10.00ea

Can be made with Brioche Roll, Bagel or GF
Buckwheat Roll

- Free Range Bacon, Cheddar, Fried Egg & Spiced Tomato Relish
- Smoked Salmon, Dill Cream Cheese, Capers & Spinach
- Grilled Vegetables, Rocket & Basil Pesto, Feta & Spinach (V/VGNO – On Bagel or Buckwheat Roll)

Filled Croissant \$9.00ea (Fresh or Toasted)

Ham, Cheddar, Tomato Relish

Cheddar, Tomato, Onion Jam & Spinach

Mini Sausage Rolls W Spiced Tomato Kasundi \$3.00ea

- Free Range Pork & Fennel
- Lentil & Sweet Potato

Sweet Selection

Muffins – Sweet or Savory (V)
Flavor of the day

Full Muffin \$4.00ea
Mini Muffin \$2.50ea

Sweet Platter (V) \$55.00
Serves 10 Pax, Contains

- 3 Pieces GF Vegan Banana Bread
- 4 Full Sweet Muffins
- 4 Full Savory Muffins
- 2 Almond Croissants
- 2 Fruit Danish

Large Chocolate & Peanut Cookies (VGN/GF) \$5.00ea

Shortbread Cookies (V/GF) \$3.00ea

Sweet Slices \$5.00ea

- Caramel Slice (GF)
- Raspberry & Choc Brownie (GF)
- Lush Lemon Slice
- Quinoa & Chia Slice

Vegan Apricot & Choc Almond Fudge \$4.00ea

Sweet Dream Foods Vegan Cake Donuts \$4.50ea

- Raspberry
- Maple & Cinnamon
- Salted Caramel
- Chocolate

Fresh Delivery's are Tuesdays & Fridays, Please make sure you give enough notice for us to order in your selected flavors

Whole Cakes
Starting from \$50

We can do Loaf or whole 23cm round cakes to order, speak to us regarding your requirements, can cater for most special dietary needs, we can confirm via quote for you.

EG –
Loaf Gluten Free Carrot Cake W Lemon Cream Cheese Frosting is \$55.00

Drinks Selection

Dr Good Times Kombucha 500ml Glass Bottles
\$8.50ea

Bundaberg Soft Drinks 375ml Glass Bottle \$4.50ea

- Traditional Lemonade
- Lemon, Lime & Bitters
- Gingerbeer
- Passionfruit

Mount Franklin Water (Plastic Bottle)
Lightly Sparkling 450ml \$4.50
Still 600ml \$4.00

Glass bottles can be sourced for you but minimum order of 1 case will apply

If you have a special drink request I may be able to order in for you if we have enough time before your event.

Tea & Coffee Packages

Package 1 \$3.15 ea

Includes the supply of

- Raw Sugar
- Black Tea Bags
- Selection of Herbal Tea Bags
- Fairtrade Instant Coffee
- Hot Chocolate
- Bannister Downs Full Cream & Skinny Milk
- Wooden Teaspoons
- 8oz Compostable Biocups

Package 2 \$4.00ea (Min 30 Cups)

- Raw Sugar
- Black Tea Bags
- Selection of Herbal Tea Bags
- Fresh Brewed Filter Coffee
- Hot Chocolate
- Bannister Downs Full Cream & Skinny Milk
- Wooden Teaspoons
- 8oz Compostable Biocups

Alternative milks can be supplied upon request

- Happy Happy Soy Boy
- Milklab Almond Milk
- Milklab Lactose Free Milk
- Pure Harvest Coco Quench

Hire Equipment

Hot Water Urns

10 Ltr Urn = Approx 40 Cups

20 Ltr Urn = Approx 80 Cups

\$27.50 Ea / Per Day

We can source & quote for the supply of all

- Crockery
- Cutlery
- Glassware
- Table Linen
- Trestle Tables etc

We source through Hire Society for items we cannot supply ourselves. We can take the hassle out of your hands and will organize for you upon request.

Delivery

Ordered catering may be collected free of charge from our café by arrangement or delivery can be arranged to Perth CBD & Surrounding Areas for a fee.

Local & CBD \$35.00 Per Delivery

Outside Perth CBD Greater than 30 mins round trip

\$60.00 per Delivery

Packaging

We supply all catering in Cardboard Catering Boxes that we have selected to use because they are compostable.

The lids used are clear PLA plastic - (PLA bioplastics are produced from PLA (poly-lactic-acid) harvested from corn starch, which is a natural, annually renewable resource. The production of PLA produces fewer greenhouse gas emissions compared to conventional plastic production. PLA can be composted in commercial compost facilities)

We charge \$3.00 per box

Contact

For all catering enquiries please contact owner Emma Ainsworth via mobile or email

Mobile Number 0409317007

emma@sourcefoods.com.au or

catering@sourcefoods.com.au

as all our food is hand made to order at least 24 hours notice is preferred although we can do last minute requests subject to availability, bread order cut off is 2pm each day.

We use Mary Street Bakery for all our Sourdough, Rye, Low Gluten Loaves

We have GF Buckwheat Burger Rolls available made by Strange Grains Bakery who are a 100% Gluten Free Bakery